Barley Celery Crustacea **Dairy** Egg Fish Gluten Milk **Molluscs** Mustard Pork **Sesame Seeds Soy Sauce** Soya **Sulphites** Wheat **Oats**

MENU A

Halal - Beef Cheeseburger	Wheat	Gluten	Sulphites	Milk
Vegetarian QuarterPounder Burger	Wheat	Gluten	Milk	
Hash Browns	None			•
Baked Beans	None			
		•		•
Homemade Macaroni Cheese	Wheat	Gluten	Milk	
Grilled Salmon Fillet	Fish			
Mixed Salad	None			_
Garlic Bread	Wheat	Gluten	Milk	
		7		•
Halal - Homemade Chicken Tikka Masala Curry	Milk		_	
Homemade Thai Vegetable Curry	Milk	Egg		
Rice	None			_
Naan Bread	Wheat	Gluten	Milk	
	•	7		
Roast Beef	None			
Yorkshire Pudding	Wheat	Milk	Egg	
Quorn Vegetarian Sausage	Gluten	Milk	Barley	
Roast Potatoes	Wheat	Gluten		•
Vegetables	None		-	
Gravy	Wheat	Soya	Barley	·
				•
Ovenbaked Cod	Wheat	Gluten	Fish	
Vegan Quorn Dippers	Wheat	Gluten		
Chipped Potatoes	None			
		=		

MENU B

Grilled Pork Sausages	Wheat	Pork		
Quorn Southern Fried Steak	Wheat	Gluten	Milk	Egg
Potato Dice	Wheat			
Green Beans	None			
Gravy	Wheat	Soya	Barley	
		1		- T
Halal - Homemade Lasagne	Wheat	Gluten	Milk	
Tomato & Basil Pasta Bake	Wheat	Gluten	Milk	
Mixed Salad	None			_
Garlic Bread	Wheat	Gluten	Milk	
		ı	7	_
Halal - Chicken Fajitas	Wheat	Gluten		-
Quorn Vegetarian Fajitas	Wheat	Gluten	Egg	
Mixed Salad	None			_
Garlic Mayonnaise	Egg			
		- T		
Roast Chicken	None			-
Stuffing	Wheat	Gluten	Oats	
Quorn Vegetarian Sausage	Gluten	Milk	Barley	
Roast Potatoes	Wheat	Gluten		_
Vegetables	None		_	
Vegetarian Gravy	Wheat	Soya	Barley	
Southern Fried Chicken Strips	Wheat	Gluten		
Breaded Mozzarella Sticks	Wheat	Gluten	Milk	Soya
Chipped Potatoes	None			

Morning Break

Bacon & Cheese Roll	Wheat	Gluten	Pork	Milk	Dairy
Bacon Baguette	Wheat	Gluten	Pork		
Bacon Roll	Wheat	Gluten	Pork		
Butchers Sausage in a Roll	Wheat	Gluten	Pork		
Cheese & Tomato Pizza Pocket	Wheat	Gluten	Milk	Dairy	
Chicken Caesar Salad	Wheat	Gluten	Milk	Egg	
Cold Pasta Salad	Wheat	Gluten		_	
Mackerel Salad	Wheat	Gluten	Fish		
Potato Salad	Egg				
Vegetarian Sausage in a Roll	Wheat	Gluten	Milk	Egg	Dairy
Tuna & Sweetcorn Pasta Salad	Wheat	Gluten	Egg	Fish	
Feta Cheese & Olive Salad	Wheat	Milk	Dairy		
Muller Yoghurts	Wheat	Gluten	Milk		
Low Fat Yoghurts	Milk	Dairy			
Frozen Smoothies	None				
Fresh Fruit	None		_		
Strawberries & Cream	Milk	Dairy			
Milk Shakes	Milk	Dairy			
Water	None		-		
Flavoured Water	None				
Fruit Juices	None				
		-			

Sandwiches & Rolls - All Contain:

Wheat	Gluten
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Honey Roast Ham & Cheese	Pork	Milk	Dairy
Tuna & Mayonnaise	Fish	Egg	
BLT & Mayonnaise	Pork	Egg	
Egg & Cress	Egg		
Cheese & Pickle	Milk	Dairy	
Cheese & Cucumber	Milk	Dairy	
Prawn, Lemon Mayonnaise	Crustacea	Egg	
Ham & Cheese Salad	Pork	Milk	Dairy
Duck & Hoi Sin Sauce	Celery	Mustard	
Smoked Salmon & Cucumber	Fish		•
Chicken Tikka & Lettuce	Egg		
Chicken, Sweetcorn & Mayonnaise	Egg	Milk	Dairy
Chicken, Bacon & Mayonnaise	Pork	Egg	

QVC Sandwiches & Rolls - All Contain:

Wheat	Gluten
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Ham	Pork	
Egg	Egg	
Tuna	Fish	Egg
Prawn	Egg	Crustacea

Panini

Cheese & Tomato	Wheat	Gluten	Milk	Dairy		_
Ham & Cheese	Wheat	Gluten	Pork	Milk	Dairy	
Tuna & Cheese	Wheat	Gluten	Fish	Egg	Milk	Dairy
Pepperoni & Cheese	Wheat	Gluten	Pork	Milk	Dairy	
Bacon	Wheat	Gluten	Pork			•
Sausage	Wheat	Gluten	Pork			

Pizza

Cheese & Tomato	Wheat	Gluten	Milk	Dairy	
Cheese, Ham & Pineapple	Wheat	Gluten	Pork	Milk	Dairy
Cheese & Pepperoni	Wheat	Gluten	Pork	Milk	Dairy

Jacket Potato

Jacket & Cheese	Milk		
Jacket & Cheese & Beans	Milk		_
Jacket & Tuna Mayonnaise	Fish	Egg	
Jacket & Tuna & Cheese	Fish	Egg	Milk