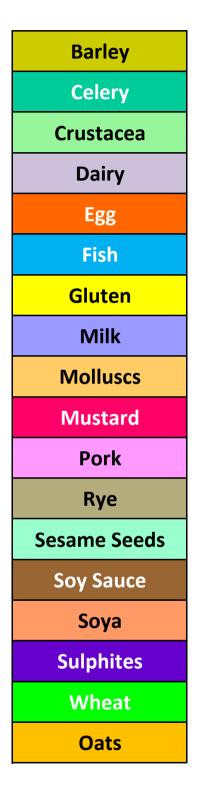
# **Allergen Information**



### Allergen Information

#### **MENU A**

| Halal - Beef Cheeseburger         | Wheat | Gluten | Sulphites | Milk   |
|-----------------------------------|-------|--------|-----------|--------|
| Vegetarian Cheeseburger           | Wheat | Gluten | Milk      |        |
| Hash Browns                       | None  |        |           |        |
| Baked Beans                       | None  |        |           |        |
|                                   | -     |        |           |        |
| Homebaked Steak Pie               | Wheat | Gluten | Milk      | Barley |
| Cheese & Onion Pastry             | Wheat | Gluten | Milk      |        |
| Diced Potatoes                    | Wheat |        |           |        |
| Vegetables                        | None  |        |           |        |
| Gravy (Vegetarian)                | Wheat | Soya   | Barley    |        |
|                                   |       |        |           |        |
| Homemade Macaroni Cheese          | Wheat | Gluten | Milk      |        |
| Grilled Salmon                    | Fish  |        |           |        |
| Mixed Salad                       | None  |        |           |        |
| Garlic Bread                      | Wheat | Gluten | Milk      |        |
|                                   |       |        |           |        |
| Roast Chicken                     | None  |        |           | _      |
| Stuffing                          | Wheat | Gluten | Oats      |        |
| Homemade Vegetarian Shepherds Pie | Wheat | Milk   | Soya      | Barley |
| Roast Potatoes                    | Wheat | Gluten |           |        |
| Sweetcorn                         | None  |        |           |        |
| Gravy (Vegetarian)                | Wheat | Soya   | Barley    |        |
|                                   |       |        |           |        |
| Battered Haddock                  | Wheat | Gluten | Fish      |        |
| Vegan Quorn Nuggets               | Wheat | Gluten |           |        |
|                                   |       |        |           |        |

### **MENU B**

| Breaded Chicken Kiev          | Wheat | Gluten | Milk |     |      |        |
|-------------------------------|-------|--------|------|-----|------|--------|
| Vegetable Spring Rolls        | Wheat | Gluten | Milk | Egg | Soya | Celery |
| Sweet & Sour Sauce            | None  |        | 1    |     |      |        |
| Vegetable Rice                | None  |        |      |     |      |        |
|                               |       | -      |      |     |      |        |
| Halal - Homemade Beef Lasagne | Wheat | Gluten | Milk | Egg |      |        |
| Homemade Tomato & Herb Pasta  | Wheat | Gluten | Milk |     |      |        |

| Mixed Salad  | None  |        |      |
|--------------|-------|--------|------|
| Garlic Bread | Wheat | Gluten | Milk |

| Halal - Homemade Chicken Curry | Milk  |        |      |
|--------------------------------|-------|--------|------|
| Homemade Vegetable Curry       | Milk  | Celery |      |
| Rice                           | None  |        | -    |
| Naan Bread                     | Wheat | Gluten | Milk |

| Roast Beef                  | None   |        |        |
|-----------------------------|--------|--------|--------|
| Yorkshire Pudding           | Wheat  | Milk   | Egg    |
| Homemade Cauliflower Cheese | Gluten | Milk   |        |
| Roast Potatoes              | Wheat  | Gluten |        |
| Green Beans                 | None   |        |        |
| Gravy (Vegetarian)          | Wheat  | Soya   | Barley |

| Ovenbaked Battered Cod         | Wheat | Gluten | Fish | Ī      |        |
|--------------------------------|-------|--------|------|--------|--------|
| Vegetarian Quorn Chickenburger | Wheat | Gluten | Milk | Egg    |        |
| Bar B Q Sauce                  | Wheat | Gluten | Soya | Barley | Celery |
| Chipped Potatoes               | None  |        |      |        |        |

### **MENU C**

| Grilled Pork & Herb Sausages | Wheat | Pork   |        |
|------------------------------|-------|--------|--------|
| Quorn Vegetarian Sausages    | Wheat | Gluten | Barley |
| Yorkshire Pudding            | Wheat | Milk   | Egg    |
| Potato Dice                  | Wheat |        |        |
| Peas                         | None  |        |        |
| Gravy (Vegetarian)           | Wheat | Soya   | Barley |

| Halal - Beef Meatballs in a Tomato Sauce | None   |        | _    |
|--|--------|--------|------|
| Vegetarian Chili con Carne               | Barley | Egg    |      |
| Rice                                     | None   |        |      |
| Garlic Bread                             | Wheat  | Gluten | Milk |

| Halal - Homemade Chicken Fajitas | Wheat | Gluten |     |
|----------------------------------|-------|--------|-----|
| Quorn Vegetable Fajitas          | Wheat | Gluten | Egg |
| Mixed Salad                      | None  |        |     |
| Garlic Mayonnaise                | Egg   |        |     |

| Roast Turkey        | None  |        |        |     |
|---------------------|-------|--------|--------|-----|
| Pigs in Blankets    | Pork  |        |        |     |
| Breaded Quorn Steak | Wheat | Gluten | Milk   | Egg |
| Roast Potatoes      | Wheat | Gluten |        |     |
| Peas & Carrots      | None  |        |        |     |
| Gravy (Vegetarian)  | Wheat | Soya   | Barley |     |

| Southern Fried Chicken Steak | Wheat | Gluten |      |      |
|------------------------------|-------|--------|------|------|
| Breaded Mozzarella Sticks    | Wheat | Gluten | Milk | Soya |
| Chipped Potatoes             | None  |        |      |      |

### **Morning Break**

| Bacon & Cheese Roll          | Wheat | Gluten | Pork  | Milk  | Dairy |
|------------------------------|-------|--------|-------|-------|-------|
| Bacon Baguette               | Wheat | Gluten | Pork  |       |       |
| Bacon Roll                   | Wheat | Gluten | Pork  |       |       |
| Butchers Sausage in a Roll   | Wheat | Gluten | Pork  |       |       |
| Cheese & Tomato Pizza Pocket | Wheat | Gluten | Milk  | Dairy |       |
| Chicken Caesar Salad         | Wheat | Gluten | Milk  | Egg   |       |
| Cold Pasta Salad             | Wheat | Gluten |       |       |       |
| Mackerel Salad               | Wheat | Gluten | Fish  |       |       |
| Potato Salad                 | Egg   |        |       | -     |       |
| Vegetarian Sausage in a Roll | Wheat | Gluten | Milk  | Egg   | Dairy |
| Tuna & Sweetcorn Pasta Salad | Wheat | Gluten | Egg   | Fish  |       |
| Feta Cheese & Olive Salad    | Wheat | Milk   | Dairy |       |       |
| Muller Yoghurts              | Wheat | Gluten | Milk  |       |       |
| Low Fat Yoghurts             | Milk  | Dairy  |       | -     |       |
| Frozen Smoothies             | None  |        |       |       |       |
| Fresh Fruit                  | None  |        |       |       |       |
| Strawberries & Cream         | Milk  | Dairy  | Ï     |       |       |
| Milk Shakes                  | Milk  | Dairy  |       |       |       |
| Water                        | None  |        | •     |       |       |
| Flavoured Water              | None  |        |       |       |       |
| Fruit Juices                 | None  |        |       |       |       |

#### Sandwiches & Rolls - All Contain:

Wheat Gluten

| Honey Roast Ham & Cheese        | Pork      | Milk    | Dairy |
|---------------------------------|-----------|---------|-------|
| Tuna & Mayonnaise               | Fish      | Egg     |       |
| BLT & Mayonnaise                | Pork      | Egg     |       |
| Egg & Cress                     | Egg       |         |       |
| Cheese & Pickle                 | Milk      | Dairy   |       |
| Cheese & Cucumber               | Milk      | Dairy   |       |
| Prawn, Lemon Mayonnaise         | Crustacea | Egg     |       |
| Ham & Cheese Salad              | Pork      | Milk    | Dairy |
| Duck & Hoi Sin Sauce            | Celery    | Mustard |       |
| Smoked Salmon & Cucumber        | Fish      |         |       |
| Chicken Tikka & Lettuce         | Egg       |         |       |
| Chicken, Sweetcorn & Mayonnaise | Egg       | Milk    | Dairy |
| Chicken, Bacon & Mayonnaise     | Pork      | Egg     |       |

#### QVC Sandwiches & Rolls - All Contain:

Wheat Gluten

| Ham   | Pork |           |
|-------|------|-----------|
| Egg   | Egg  |           |
| Tuna  | Fish | Egg       |
| Prawn | Egg  | Crustacea |

#### Panini

| Cheese & Tomato    | Wheat | Gluten | Milk | Dairy |       |       |
|--------------------|-------|--------|------|-------|-------|-------|
| Ham & Cheese       | Wheat | Gluten | Pork | Milk  | Dairy |       |
| Tuna & Cheese      | Wheat | Gluten | Fish | Egg   | Milk  | Dairy |
| Pepperoni & Cheese | Wheat | Gluten | Pork | Milk  | Dairy |       |
| Bacon              | Wheat | Gluten | Pork |       |       | •     |
| Sausage            | Wheat | Gluten | Pork |       |       |       |

#### Pizza

| Cheese & Tomato         | Wheat | Gluten | Milk | Dairy |       |
|-------------------------|-------|--------|------|-------|-------|
| Cheese, Ham & Pineapple | Wheat | Gluten | Pork | Milk  | Dairy |
| Cheese & Pepperoni      | Wheat | Gluten | Pork | Milk  | Dairy |

#### **Jacket Potato**

| Jacket & Cheese          | Milk |     |      |
|--------------------------|------|-----|------|
| Jacket & Cheese & Beans  | Milk |     | _    |
| Jacket & Tuna Mayonnaise | Fish | Egg |      |
| Jacket & Tuna & Cheese   | Fish | Egg | Milk |